



**Reality of the world today:**

- Dating violence among their peers is reported by 54% of high school students. 1 in 5 girls have been abused by their partner. (about.com)
- Teen pregnancy is much higher in the US than in other developed countries. (about.com)
- Every 7 minutes someone is bullied at school. (Zur Institute)
- Suicide is the third leading cause of death for teenagers and young adults. (Zur Institute)
- 59% of teenagers say managing their time to balance all activities is either somewhat or very stressful. (USA Today)

**Reality of the world today:**

**Where to get help?**

**Chat online:  
TheHopeLine.com**

**Follow  
@thehopeline**



**TheHopeLine®**

- ⇒ Chat one-on-one with a HopeCoach @ TheHopeline.com/gethelp
- ⇒ Download the mobile app for encouragement, blogs resources, and more @ TheHopeline.com/mobileapp
- ⇒ Download free eBooks @ TheHopeline.com/ebooks

**How to get help:**

**TheHopeline.com/gethelp**

TheHopeline has been giving hope to teenagers and young adults via one-on-one chat and phones since 1991. TheHopeline was founded by Dawson McAllister, who also gives hope to youth through his radio shows. TheHopeline partners with many organizations to get help for young people for the problems they are facing RIGHT NOW!

**About Us**

**Champions of HOPE**

A real story from TheHopeLine:  
All my life, I've never been good enough for anyone. My half-brother raped me and made me sleep with him. When everything is going wrong, I can talk to someone at TheHopeLine and I don't feel alone. I've tried to kill myself three times in the past six months,

but TheHopeLine has helped me. Thank you for everything. Thank you for giving me hope again! - Indira

